

## RESOURCES FOR SCHOOLS AND FAMILIES

### NY Project Hope

NY Project Hope - Children and Adolescents

<https://nyprojecthope.org/children-and-youth/> // <https://nyprojecthope.org/recognizing-coping-with-stress-for-children-and-adolescents/>

NY Project Hope - COVID-19 & Youth

<https://nyprojecthope.org/covid-19-youth/>

### MHANYS School Mental Health Resources and Training Center

<https://www.mentalhealthednys.org/>

### NYS Trauma-Informed Network (NYS TIN)

Trauma Responsive Understanding Self-Assessment Tool for Schools (TRUST-S)

<https://www.traumainformedny.org/Home>

NYS TIN COVID-19 Resources for Educators

<https://resources.traumainformedny.org/resources/179>

### Suicide Prevention Center of New York State (SPCNY) at the Office of Mental Health

A Guide for Suicide Prevention in New York Schools

<https://www.preventsuicideny.org/wp-content/uploads/2019/08/SchoolsSuicidePreventionGuide.pdf>

SPCNY for School Staff

<https://www.preventsuicideny.org/schools-colleges-universities/for-educators/>

SPCNY for Colleges and Universities

<https://www.preventsuicideny.org/schools-colleges-universities/>

### OMH COVID-19 Guidance

<https://omh.ny.gov/omhweb/covid-19-resources/covid-anxiety-guidance-the-next-phase.pdf>

### Project TEACH

<https://projectteachny.org/parent-and-family-page/>

### NYS OMH Contact Information for Schools

For schools interested in:

- Creating a plan to improve the ability to meet the mental health needs of students, please contact Angela Keller at [Angela.Keller@omh.ny.gov](mailto:Angela.Keller@omh.ny.gov) regarding the **SHAPE Assessment**
- Connecting and collaborating with local child-serving systems to better meet the needs of students and their families, please contact Angela Keller at [Angela.Keller@omh.ny.gov](mailto:Angela.Keller@omh.ny.gov) regarding **Systems of Care**
- Learning how **Restorative Practices** can help improve school climate, reduce disparities, and effectively address challenging behaviors, please contact Jon Rice at [Jon.Rice@omh.ny.gov](mailto:Jon.Rice@omh.ny.gov)